

## Oriel High School : Anti-Bullying Policy

**Date Amended: September 2021**

**Date of Ratification: 29.09.21**

**Next Review Date: September 2022**

All members of our community have the right to learn and work in a supportive, caring and safe environment without fear of being bullied. No person should be subjected to abuse or intimidation, but should bullying occur the school will offer full support and take the matter seriously.

We actively encourage students and parents to report instances of bullying and will take appropriate and sensitive action. We want all students to be as concerned about others being bullied, as much as if it were they themselves who were the victims.

Bullying, including cyber-bullying, is unacceptable and will not be tolerated. We have a strong commitment to equality and will deal seriously with any incidents of harassment or bullying based on discrimination relating to diversity, such as gender, race or ethnicity, sexual orientation, faith, disability or socio-economic status. Hate crime is any notifiable offence committed against the person or property which is motivated by hostility towards someone based on their disability, race, religion, gender identity or sexual orientation whether perceived to be so by the victim or any other person.

**Everyone has a responsibility to prevent bullying**  
**Everyone has a responsibility to report any actual or suspected bullying**

Bullying can seriously damage a young person's confidence and sense of self worth, and they will often feel that they are at fault in some way. It can lead to serious and prolonged emotional damage for an individual. All members of our school community must be alert to the signs of bullying and act promptly and firmly against it in accordance with our school procedures.

To prevent bullying, assemblies, PSHCE time and cross curricular opportunities are used to explore and consider issues surrounding bullying. We have a positive school ethos, clear Student Charter and a strong pastoral system to support students and help them make good choices. Anti-Bullying week (in the Autumn term) is used as a focus for reminding the school community about aspects of bullying and the importance of reporting. During each school year students are consulted to check:

- Whether they feel safe from bullying incidents
- Whether they have confidence to talk to staff and others when they feel at risk
- Whether they understand their rights and responsibilities

### What is Bullying?

**Bullying is defined as behaviour by an individual or group, repeated over time, that intentionally hurts another individual or group either physically or emotionally.**

**The four main types of bullying are:**

- Physical (hitting, rude gestures, kicking, theft or demanding property)
- Verbal (name calling, teasing, racist, sexist or homophobic remarks)
- Indirect (spreading rumours, excluding someone from social groups, deliberately being unkind)
- Cyber/online (using the internet or mobile phones to bully)

### **Possible signs that a student is being bullied:**

- A student may appear unusually withdrawn and uncommunicative, or shy and nervous
- He or she may be unable to concentrate in class.
- His or her behaviour may change and may be clinging to adults.
- He or she may have unexplained cuts/bruises - or give unconvincing explanations.
- He or she may be absenting or truanting from the school or feigning illness.

### **Procedures**

If bullying is suspected or reported, the incident will be dealt with initially by the member of staff who has been approached. The member of staff must complete a green Bullying Form and follow the appropriate procedures. The form must ultimately be passed to the Learning Community team of the victim.

#### **Students who have been bullied will:**

- Be listened to and given the opportunity to fully discuss the experience with their pastoral coordinator or another member of staff of their choice
- Be given support, on a continual basis, until their self esteem and confidence has been restored and the issues fully resolved

#### **Students who have bullied will**

- Be challenged and action will be taken
- Be helped as commonly they have experienced emotional harm themselves and need support

#### **The Learning Community Team will:**

- Fully investigate reported incidents of bullying and inform relevant staff, and the parents of both victim and aggressor(s).
- Record all incidents of bullying and their outcomes in the Learning Community Bullying File.
- Use their professional judgement to decide upon the best course of action for those involved.
- Liaise with other Learning Community Teams to ensure that incidents are dealt with promptly and equitably. Where there are multiple Learning Community Teams involved, the Learning Community Team of the victim will take a lead in investigating and dealing with the incident.

Action taken will be one of the following or a combination of the strategies below:

1. *Restorative Justice*: This is a very successful strategy which allows all those involved to consider the choices they have made and the impact these have had on themselves and others and how best to rectify their mistakes.
2. *Apology and informal warning*: Occasionally this is enough to stop the bullying and for a bullying student to take responsibility for the impact of their behaviour.
3. *Peer mediation*: These are students trained in resolving issues such as bullying and have a responsibility to report back to pastoral coordinators and youth workers.
4. *Mutual respect contract*: This will be a set of signed promises made between students who have been involved in bullying or conflict. Any breaches of the promises are likely to result in an internal or external exclusion. Copies are sent home to parents.
5. *Circle of Friends*: This can be used by a member of staff to help develop a friendship group for a student who feels isolated and is in need of peer support
6. *1-1 sessions with Pastoral Coordinator*: these sessions will be tailored to meet the individual needs of the student who has been involved in bullying
7. *Counselling*: The effects of bullying and being bullied can sometimes require professional counselling. Our Pastoral Coordinators can make a referral.

8. *Involve the Police*: Particularly for events that have occurred outside of the school, it is often appropriate to report incidents to the police, and our Police Community Support Office can assist students and their parents in this process.

Sanctions for bullying could vary from: after-school detentions, lunchtime and break-time isolation, internal exclusion, fixed term external exclusion and, in some cases, permanent exclusion

Monitoring records of incidents of bullying are reported every term to the **Senior Leadership Team** and **Governors at the Teaching & Learning Committee**.

**Related Policies:**

Behaviour

Child Protection Policy & Child Protection Procedures

Physical Management of Students.