ORIEL HIGH SCHOOL

Subject:	PSHCE	Year group:	7
Topic:	Healthy Relationships	Sequence:	Term 1b
Prior learning: (What previous learning will the new learning in this unit build upon?)		Next learning: (What learning comes next and builds upon this unit?)	
Under the National Curriculum, students should have learned the following at KS2: - The importance of having healthy family relationships and friendships. - How positive friendships can increase happiness and self-worth - That they should expect to be treated with respect and the importance of respecting others - How to manage conflict with kindness and respect		The next unit is about health and hygiene. This will explore topics such as sleep routines, dental health, puberty, menstruation and period products, self-esteem and body image.	
Learning objectives: (In chronological order)	Duration: (How long it usually takes to secure each learning objective)	Specific vocabulary: (Subject specific terms relating to each learning objective)	
To learn about the characteristics of health and unhealthy relationships. To consider the factors that can affect attitudes, behaviours and expectations in relationships.	Two, one-hour lessons	Healthy relationship, positive friendship, self-worth, self-respect, personal interests, values, intimate relationships, romantic relationships, family relationships, respect, care, equality, honesty, respect, trust, peer relationships, attitudes, expectations, behaviours, unhealthy relationships.	
To learn how to manage relationship conflict	A one-hour lesson	Friendships, disagreements, communication, reconciliation, endings, kindness, difficult feelings, disappointment, hurt, frustration, strategies	