

May 2026

## Oriel High School Careers

Dear parents/carers,

Please find below news from the careers department about events which have been taking place, or are upcoming:

### Year 10

This is your **two-week** reminder! Please upload all Work Experience Placements onto Unifrog by **22<sup>nd</sup> May**. This will allow us time to chase up any missing documentation and carry out any necessary checks. To do this, ask your student to login to Unifrog and scroll down to the grey Placements tile, then click on it to begin entering the details. Submissions after this date can still be approved, but we cannot guarantee all the paperwork will be completed with less time to do so. This will depend upon yourselves and the company offering the placement.

**If a student doesn't find a placement, then they will be expected in school for the whole week.** The students in school will be in their normal lessons on Monday and Tuesday of that week, and then when the rest of the school begin the activities week programme, any year 10 not on work experience will be taking part in Work Related Learning in classrooms. This will include things like virtual work experience, CV and cover letter writing, college and university course research and learning more about key employability skills.

### Moving on- Taster Days and open evenings.

It will not be long before year 10 are making decisions about their progression pathways post year 11. This being the case, various colleges offer year 10s the chance to book onto taster days with them, to get a little flavour of what going to college is like. These are open for booking now and are a great way of engaging and inspiring students about choices for life after year 11. Colleges such as Crawley, Plumpton, East Surrey and Haywards Heath all offer taster days and require booking via their websites. Some colleges will begin to host open evenings too during the summer, so do look out for these.

### Year 12 and selected students

We will be hosting a Special Guest Speaker on 20<sup>th</sup> May. Aneela Rose is a multi-award-winning PR agency owner, motivational public speaker, World and British Powerlifting Champion, wife and mum of two who has faced multiple challenges and broken-down barriers to succeed, whilst inspiring others along the way within business and in her personal life. She will be speaking with sixth formers and selected classes about life in business and PR, whilst combining this with how she managed to continue her competitive sport.

### Year 9 Elevator Pitches

Year 9s are taking part in three days of Preparing for Success in June. On one of the days, students will be learning oracy skills, how to speak in public, and importantly for interviews in the future, how to promote themselves and their achievements. This is a skill that lots of people find very difficult, but one that is necessary and could open doors for them in the future. The culmination of their day is the chance to put these skills to practice, by delivering an Elevator Pitch to a business volunteer. It is a daunting task but once surmounted, gives the students great pride and reduces the fear of speaking to employers in the

future. These will be taking place on 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> June. If you or anyone you know could volunteer one hour of your time, please do get in touch.

### Year 10 and 12 Mock Interviews

In July we aim to provide mock interviews for all of year 10 and 12 as part of our summer of work-related activities. These days are crucially important to the development of our students, encouraging future confidence in their performance at interview and taking away the fear factor. The event usually takes place over two days, and the students need to prepare for an interview lasting around 15 minutes. The interviews are as realistic as possible and prepare our students for the real thing! To make the event a success we need of lots of volunteers from the workplace from as many different professions as possible. **Can you help support the event?** If you can, please do get in touch with us in careers, even if it is for a half day only- all support is welcomed and needed.

### International Women in Engineering Day

I am pleased to announce that we have been offered the chance to take students on a trip to Gatwick to learn about careers in engineering. This is open to any year group, but I have a maximum of 10 places available. It will be a fun day of activities and seeing behind the scenes of one of the busiest airports in the UK. If you would like your child to go, please do email myself, or alternatively ask them to come and register with me in the careers office.

We hope you have an enjoyable half term when it arrives with lots of good weather.

Owen Svoboda

Director of Learning, Careers Leader



**CAREERS @ORIEL**

**GATSBY BENCHMARKS**

- 3 ADDRESSING THE NEEDS OF EACH PUPIL
- 5 ENCOUNTERS WITH EMPLOYERS AND EMPLOYEES
- 8 PERSONAL GUIDANCE

**Elevator Pitch**

**CAN YOU HELP US?**

10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> June 13:40-14:40

**1h hour commitment**

Contact: [rthornton@oriel.w-sussex.sch.uk](mailto:rthornton@oriel.w-sussex.sch.uk)

Year 9s have 3 days of preparing for success workshops. One of the days will be learning oracy skills and how to speak in public. The elevator pitch will be their chance to demonstrate their skills in a real-world scenario and is a first step in preparing them for year 10 mock interviews.

ORIEL HIGH SCHOOL



**Local Employers**

**CAN YOU HELP US?**

**CAREERS @ORIEL**

ORIEL HIGH SCHOOL

Would you like to help year 10 and 12 students gain vital experience of interviews? Would you like to engage with potential employees of the future and make them aware of your business?

**GATSBY BENCHMARKS**

- 1 A STABLE CAREERS PROGRAMME
- 3 ADDRESSING THE NEEDS OF EACH PUPIL
- 5 ENCOUNTERS WITH EMPLOYERS AND EMPLOYEES
- 8 PERSONAL GUIDANCE

**Mock Interviews**

8<sup>th</sup> and 9<sup>th</sup> July 26

**Half day, whole day or 2 day slots**

Contact: [osvoboda@oriel.w-sussex.sch.uk](mailto:osvoboda@oriel.w-sussex.sch.uk)

It was really well organised, thought out day and such a fantastic opportunity for your students. Well done to all involved. I was proud to be part of the event.

It was a great day and good to see so many businesses there. The students were so engaging and very polite - a credit to Oriel.