

Training & Qualifications Guide for young people, careers professionals teachers and parents /carers.

> West Sussex, Brighton and Hove

Welcome

Welcome to our West Sussex, Brighton and Hove Careers Hub 'What Next Guide'.

This guide will provide young people, parents/ carers/families and teachers across West Sussex, Brighton and Hove with key information to support with



Lisa Mobbs Strategic Hub Lead

post-16 transition into education, employment and training.

This can be a daunting time for young people identifying their 'next best step' with so much information to navigate. This guide provides you with impartial and accurate information to help you to understand the range of pathways and options available to you, as well as signposting you to the local offer across West Sussex, Brighton and Hove.

The guide can also help you prepare for transition and can be used to expand your knowledge and understanding of the different levels in education, progression routes and what's available near you.

As parents/carers/families or teachers, you can refer to the guide when supporting young people to identify what the right pathway for them might look like. There are lots of useful website links for further guidance and support.

I hope you find it helpful.

West Sussex, Brighton and Hove CARFERS HUB

ENTERPRISE

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This is a free publication published by Resourceful Careers in partnership with the Marches Careers Hub RESOURCEFUL CAREERS



PREPARATION TIMELINE

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It might seem like ages away – but careful research and planning now means that you can confidently make choices, and complete your applications earlier allowing you to concentrate on your GCSE work as you move through year 11.

SUMMER TERM YEAR 10

- Think about your future strengths and favourite subjects.
- Find out more about careers that interest you.
- Think about how your strengths might fit with your career ideas.
- Discuss your ideas with people whose opinions you value.
- Do some online research into the local college and training options.

AUTUMN TERM YEAR 11

- Build confidence in strengths and favourite subjects.
- Go to information events and learn about all the different options.
- Book some taster sessions.
- Check college application deadline. Some colleges might require an application this term.
- Make contact with employers if seeking an Apprenticeship.

SPRING TERM YEAR 11

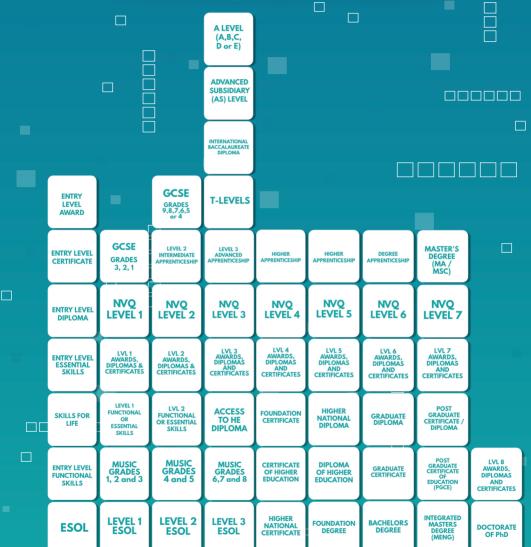
- Complete applications (key dates will be given out in Y11 but most application are complete by the end of January.
- Attend interviews.
- Attend additional taster events.
- Work hard to secure an apprenticeship placement.
- Make sure you have a back-up plan.

SUMMER TERM YEAR 11

- Concentrate on exam prep
- Finalise your placement if intending on an Apprenticeship
- Attend any summer transitions days after exams. Many colleges run welcome events



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ENTRY

LEVEL

3

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6



YOUR BEST NEXT STEP

There are numerous career progression routes available, each tailored to suit different individuals. The key is selecting the most suitable path to reach your goals.

For instance, you may opt for BTEC's, T Levels or A Levels to pursue a university degree, or alternatively, consider apprenticeships, which offer the opportunity to combine work and study.



WHAT NEXT? **Choosing the right** options for YOU

For all school leavers, it is important not to close your options down by the choices you make.

ASK YOURSELF:



The main options for schools leavers



POST 16 OPTIONS...

A LEVELS



Scan the QR code to find out more.

A levels are short for 'Advanced' Level and come after GCSEs. They are academic subject-based qualifications which are usually assessed by exams.



POST 16 OPTIONS... TLEVELS



A T Level gives you a mix of learning in the classroom and on the job. Businesses and employers helped design T Levels to teach you the skills you'll need.



POST 16 OPTIONS... VOCATIONAL TECHNICAL QUALIFICATIONS (VTQs)



Scan the QR code to find out more

VTQs are practical qualifications designed to give you the skills and experience you need for a certain job. They might be for you if you have a strong interest in a particular industry.



POST 16 OPTIONS...

FOUNDATION COURSES



Scan the QR code to find out more

Engaging in a foundation course is a way to boost your confidence, enhance your knowledge, and develop essential skills. You can pursue these studies at a college or with an independent training provider.



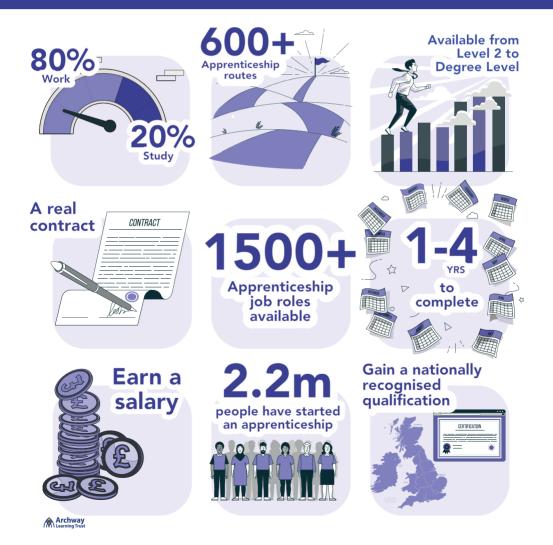
APPRENTICESHIPS

An apprenticeship is a paid job with training where you work alongside experienced staff, gaining job-specific skills and earning a wage. You follow an apprenticeship standard outlining the knowledge,

skills, and behaviours needed for success.







POST 16 OPTIONS... INCLUSIVE APPRENTICESHIPS



Scan the QR code to find out more

Designed for individuals with acknowledged learning difficulties or disabilities. If you have an Education, Health and Care Plan (EHCP), Learning Disability Assessment (LDA), or Statement of Educational Need (SEN), adjustments in inclusive apprenticeships ensure accessibility.



POST 16 OPTIONS...

JPPORTED NTERNSHIPS



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For young individuals aged 16 to 24 with Special Educational Needs and Disabilities (SEND) who possess an Education, Health and Care Plan (EHCP). This structured, work-based study program aims to provide a valuable work experience facilitated by a dedicated job coach.





Move into paid employment (52)

Study during your working week



Develop key skills











Local Sixth Forms and Colleges

There are a number of colleges and sixth form centres that school leavers in our area regularly consider.

Some of the colleges and sixth forms that our students move on to most frequently include:



Local Apprenticeship Providers

There are lots of training providers who deliver apprenticeship training. Some will be part of local colleges. Some will be independent organisations, or employers. They might cover lots of different types of work or can specialise in a particular industry. Here are some local examples.

Visit the national apprenticeship service webpages for more information: **www.apprenticeships.gov.uk** for general information

https://www.gov.uk/apply-apprenticeship to search and apply for vacancies.



WHAT'S AVAILABLE NEAR YOU?

Scan the QR codes to explore the different courses and qualifications available at all the different colleges and training providers across the Marches area.

ACADEMIC PATHWAYS





VOCATIONAL PATHWAYS









WORK BASED PATHWAYS





STILL UNSURE? POST-16 TOP TIPS



These are ideal for meeting colleges, training providers, apprenticeship providers, employers, and careers advisers.

Discuss your ideas

Talk to parents or carers, family and friends to get other viewpoints on your choices.

Get advice

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5

Talk to teachers and career advisers – they have lots of knowledge and wisdom to share!

Open events and taster sessions

They're a great opportunity to visit schools and colleges, find out about the courses on offer, and speak to staff and students.

It's your life and your choice

Don't be influenced by where your friends are going. Ask yourself: what do I enjoy? What would I like to do and what do I want to get out of my life?

> West Sussex, Brighton and Hove



West Sussex, Brighton and Hove CAREERS HUB ENTERPRISE COMPANY

TOTAL PEOPLE EMPLOYED IN OUR KEY SECTORS...



EMPLOYERS ACROSS OUR REGION

THALES

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NHS

University Hospitals Sussex

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easyJet

LLOYDS BANK 絶

Aurora

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ighton & How City Council

Southern Water.

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Balfour Beatty

CElekta

Capgemini

The following websites can help you to explore more Labour Market Information.

Future Skills Sussex Discover future skills and career pathways. https://www.futureskillssussex.co.uk/

Learning4lifeSussex Explore local labour market insights across the region. https://learning4lifesussex.org.uk/employing/labourmarket-information

Sussex Learning Network

Empowering young learners for higher education and local success. https://www.sussexlearningnetwork.org.uk/resources/labour-marketinformation

USEFUL WEBSITES

Use the following websites for information and support to help inform your decision.

General Careers Information

Careers Pilot - Careers information and tools for 11-19 year olds. <u>https://www.careerpilot.org.uk</u>

Youth Employment UK – a website from an independent organisation that provides wide-ranging information about careers and employment. Try the 'Career Guides'. https://www.youthemployment.org.uk/careers-advice-help/

Prospects – a great source of information mainly aimed at young people who might consider university graduate level careers in the future or for those who are already at university. **www.prospects.ac.uk**

Icould - Find inspiration and explore your ideas using real-life career videos. <u>https://icould.com/</u>

BBC bitesize careers - a really good range of articles and information from the BBC with career stories, videos, quizzes to help young people with their careers ideas. https://www.bbc.co.uk/bitesize/careers

National Careers Service - Providing information, advice and guidance to help you make decisions on learning, training and work. <u>www.nationalcareers.service.gov.uk</u>

Skills for Careers - use this site for a clear overview of the different options that are available to young people. Young People | Skills for Careers (education.gov.uk)

T Levels - use this site to learn more about what T Levels are and how they work. <u>https://www.tlevels.gov.uk/</u>

UCAS - Universities and colleges admissions service, offering support and advice so you can make an informed decisions about your future. <u>www.ucas.com/further-education</u>

Informed Choices - iThe tool created by the Russell Group of universities to help you link University ideas to your A level choices. <u>https://www.informedchoices.ac.uk/</u>

Apprenticeships

Apprenticeships - Use this site for general information about the Apprenticeship pathway. https://www.apprenticeships.gov.uk

Find an Apprenticeship - Use this site to find vacancies in your area. <u>https://www.gov.uk/apply-apprenticeship</u>

Apprenticeship Guide - Use this site as a tool to discover your perfect Apprenticeship role. https://apprenticeshipguide.co.uk

Amazing Apprenticeships - Use this site to explore a wide range of resources and activities linked to Apprenticeships. https://amazingapprenticeships.com/student-zone/

Careers Information & Support for Parents

Talking Futures - A set of prompt cards to help parents and careers talk to their teens about career ideas.

https://www.talkingfutures.org.uk/conversation-cards/

The Parents Perspective - an exciting podcast series for parents and carers, helping them to support their children with careers advice and guidance

https://amazingapprenticeships.com/the-parentperspective-podcast/

Careermap - If you're a school leaver, graduate or job seeker, we have lots of options! Search & apply for apprenticeships, graduate schemes & jobs.

https://careermap.co.uk/career-advice/careermag/forparents-guardians

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