

# THE • ORIEL VIEW



The latest news,  
views and events  
from your school

SPRING  
2019



## MAIN FEATURE

### [04] EXAM GUIDE

— helpful tips and guidance to help navigate exam revision and helpful study tips. “As the prospect of summer exams looms, a question I am frequently asked by many parents is, “How can I help my son or daughter?” Things have certainly changed since many of us completed exams either as a 16 (Year 11) or 18 (Year 13) year old. The competitive nature of the examination landscape adds an element of pressure that did not exist previously.”

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# WELCOME

...the latest edition of our newsletter, **The Oriel View**.

Through reading this edition, you will see that the first term of the new academic year has been both busy and successful. Our Year 7 students have settled in very well indeed and seem very happy in their new school. The fact that so many of them came back in the evening at our Open Evening, two weeks after the start of the year, to show visitors around is testimony to the way they have settled in and to the care and support provided to them by the older students and the

staff. Both our Open Evening and Sixth Form Open Evening were very successful events and an opportunity for our students and staff to showcase their work and their talents.

The excellent teaching and learning taking place in our classrooms have been many extra-curricular opportunities for our students because as you know they are always open to us as well as achieving the highest possible academic standards. I hope that you will enjoy reading about some of the extra-curricular events that have taken place at our school and

abroad. There is a feature also worth reading concerning our Armistice Service as it illustrates the strong sense of respect that is a key feature of our school. I honestly do not know of another secondary school marking this poignant occasion in such a full and dignified manner.

I hope that you will enjoy this edition of **The Oriel View** and I thank you for taking the time to read it.

**Philip Smith**  
Headteacher



FAST FORWARD

## KEY DIARY DATES...

### APRIL

**4th April** - Year 7 Parent's Consultation Evening, 4pm – 7pm

**5th April** - Last day of term, 12.45pm closure, Celebration assembly

**8th April to Monday 22nd April**  
- Easter Holiday

**23rd April** - First day of Summer Term

### MAY

**1st – 3rd May** - Year 10 Villiers Park Scholars Programme – Residential

**13th May** - Year 8&9 HPV Vaccinations  
- Main Hall

**27th – 31st May** - HALF TERM

### JUNE

**20th June** - SPORTS DAY at K2

**21st June** - Year 11 Prom - Lingfield Park Race Course

**28th June** - Annual Sponsored Walk

**28th June** - Sixth Form Summer Ball

### JULY

**2nd July** - Sixth Form welcome day

**2nd July** - Town Sports event @ K2

**4th July** - Oriel History day

**10th, 11th, 12th July** - Activities Week

**19th July** - Last day of term for students. 12.45pm closure, Non-uniform day

**22nd & 23rd July** - INSET DAY

## HOLOCAUST MEMORIAL DAY

Oriel held a week of Community assemblies to commemorate the Holocaust Memorial Day.

### WHAT IS HOLOCAUST MEMORIAL DAY?

**Holocaust Memorial Day (HMD) takes place each year on 27 January.**

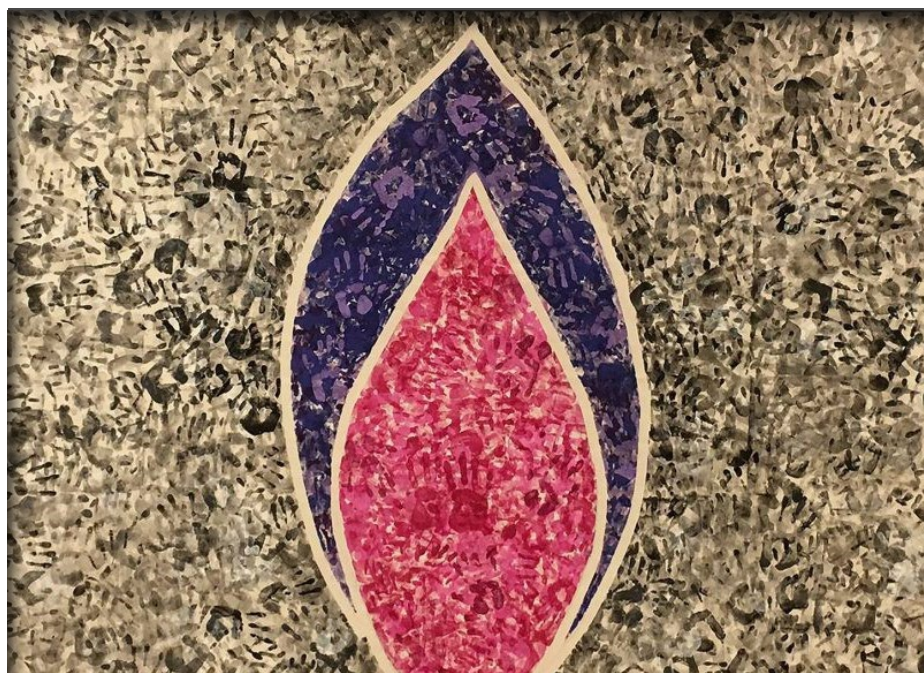
Holocaust Memorial Day Trust (HMDT) encourages remembrance in a world scarred by genocide. We promote and support Holocaust Memorial Day (HMD) – the international day on 27 January to remember the six million Jews murdered during the Holocaust, the millions of people killed under Nazi Persecution and in subsequent genocides in Cambodia, Rwanda, Bosnia and Darfur.

27 January marks the anniversary of the liberation of Auschwitz-Birkenau, the largest Nazi death camp.

The Holocaust threatened the fabric of civilisation, and genocide must still be resisted every day. Our world often feels fragile and vulnerable and we cannot be complacent. Even in the UK, prejudice and the language of hatred must be challenged by us all.

HMD is for everyone. Each year across the UK, thousands of people come together to learn more about the past and take action to create a safer future. We know they learn more, empathise more and do more.

Together we bear witness for those who endured genocide, and honour the survivors and all those whose lives were changed beyond recognition.





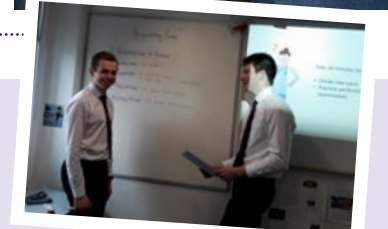


# THE CLOCKWORK CLEANER

On the 7th December representatives of each community from across years 7, 8 and 9 took part in a murder mystery challenge called 'The Clockwork Cleaner' which was designed by Alex Gillespie from Box Clever Education (<https://www.boxclevereducation.com/>).

Students gathered in the Library and were presented with the murder scene of the unfortunate Conan Drum, a cleaner. Working in teams, each community had to figure out the nefarious criminal responsible for the deed and determine not just who it was but how and why. Students were presented with four suspects: Barbara Ross, the cook; Shay Dowey, a lab technician; Anna Sailant, the receptionist and Nieve Farius, the head cleaner. Students searched through a variety of clues and information placed around the Library using their phones to take photographs of evidence and gather their clues together. Through discussions they deduced, deciphered and determined the complicated truth behind the terrible event.

The groups were not just working to uncover the clues, however, they were also competing within their communities.



Points were awarded as follows:

|   | Year 7              | Year 8                 | Year 9  |
|---|---------------------|------------------------|---------|
| Correct Suspect Identified (500 points) | Africa, Australasia | Americas, Asia, Africa | No-one! |
| Best written response (250 points)      | Asia                | Americas               | Asia    |
| Fastest response (250 points)           | Americas            | Americas               | N/A     |
| Most co-operative (250 points)          | Australasia         | Americas               | Asia    |

And this resulted in the grand totals of:

|     |             | Total Points: |
|-----|-------------|---------------|
| 1st | Americas    | 1750          |
| 2nd | Asia        | 1250          |
| 3rd | Africa      | 1000          |
| 4th | Australasia | 750           |

Congratulations to Americas for their excellent work throughout and well done to all of the communities for their efforts. Everyone who took part seemed to have a great time and many students clearly wanted to do even more! As you can see, no year 9 students were able to identify the correct suspect but to be fair to them they had much less time than the year 7s and year 8s.

Due to the success of this event, we are looking into running more murder mysteries in the future so watch out and hopefully you won't be the victim!

## MEDSOC - ORIEL'S MEDICAL SOCIETY

Conscientious, hardworking, A-grade students with their hearts set on a career in medicine often 'fall at the last hurdle'...so to speak...

So why is getting into medical school comparatively, so difficult?

The fact is, medicine is a hugely competitive field where state school students are up against those who are educated in fee-paying schools across the country (often with access to private tutoring to prepare them for the all-important medical interview process).

Prospective medics are expected to have researched the latest hot topics, be able to answer questions regarding medical ethics and provide a personal statement to back up their suitability to a life-long

career as a doctor, not to mention being pro-active in gaining work-experience, noting what they have learnt from it and prepare for UCAT and BMAT examinations.

At Oriel, we are passionate about giving our students the best chance, the edge, to achieve their personal goals.

In order to help raise our students' game in this field, Mrs Carr has set up Oriel's Medical Society. MedSoc runs on Wednesdays during lunch and tutor time and is open to students (Year 11 – 13) interested in preparing for a career in medicine.

Having subscribed to The Medic Portal, we now have access to a host of resources with which to engage in during weekly tutorials.

Some of the topics covered so far include: the life of a doctor, medical ethics, patient journeys, personal statements, interview tips and technique, problem based learning, and UCAT/BMAT practice questions.

Our medical society also provides students with the opportunity to discuss topics with others and share their aspirations and learning experiences with like-minded people, striving for the same goal.

It is, indeed, a pleasure to work with our students and hopefully for them, this enrichment beyond their academic A Level subjects will pay off.

**Mrs Avril Carr**

“

My experience of MedSoc has been so beneficial to my application for studying Medicine at university; covering a variety of topics, from entrance exams and interview formats to medical ethics and the life of a junior doctor, has helped me to prepare for my future. Mrs Carr is so dedicated to making sure we have all the information we need, and always has lots of advice for us. I'd recommend it to anybody who's thinking of going into Medicine: it really is invaluable.

**Connor Holmes Yr 13**

“

MedSoc has been a fantastic way for me to explore and gain insight about my choices for the future. I've gained practical skills, specialist knowledge but most importantly I've learnt more about the career I want to enter into. This has enabled me to make more informed choices about my options after I leave Oriel Sixth form, all in an interactive and interesting format.

**David Walker Yr 12**

”



“  
We are what we repeatedly do.  
Excellence, therefore, is not an  
act, but a habit. - Aristotle  
”

# Parental Tips

## PREPARING FOR YEAR 11 EXAMS

As the prospect of summer exams looms, a question I am frequently asked by many parents is, “How can I help my son or daughter?”. Things have certainly changed since many of us completed exams either as a 16 (Year 11) or 18 (Year 13) year old. The competitive nature of the examination landscape adds an element of pressure that did not exist previously. Fortunately, our understanding of human learning has evolved considerably, allowing access to scientifically proven effective revision and learning techniques that with effort and commitment everyone can utilise and benefit from.

The main aim when preparing for any exams is the creation of positive habits. Habits can be defined as routines of behaviour that are repeated. Achievement can therefore be thought of as the cumulative sum of effective habits.

Outlined below are a summary of 10 evidence proven activities that will benefit students in both Year 11 and Year 13. As parents, if you are able to support your son or daughter to repeatedly perform these behaviours until they are habitual you can be sure that they will be using techniques that will bring about maximum benefit.

Having a working knowledge of proven revision methods is a great starting point for any supportive conversations that might occur over the next few weeks! As a parent the key thing that you can be over the next few weeks is engaged. Why not try to have a daily conversation that checks in with your son or daughter to see which of the strategies outlined below they have used and any challenges they are facing?

For further information I recommend reading the detailed summaries of the main learning techniques that can be found on the Learning Scientists website:  
<http://www.learningscientists.org/>

### 1) Plan revision time

Spend time helping your son / daughter work out when they will be able to undertake revision. Make sure that time is planned for studying, exercise, socialising as well as other commitments. Try to ensure that equal time is allocated to each subject. Can you help identify any opportunities for squeezing in extra studying? An extra 10 minutes each day will add over an hour each week! Successful students have, in the past, used quizzing as an activity that they can easily incorporate into their daily routine.

### 2) Interleave subjects

Interleaving subjects involves sequencing learning so that different subjects or blocks of unrelated information (different topics) are studied one after the other. For example studying Maths, then History, then Science, then back to Maths again. This forces the brain to have to work hard to recall and process the different pieces of information. In turn, this strengthens the ability to recall information about each topic or subject. Don't forget to use this principle when planning revision.

### 3) Set goals

Setting short and medium term goals is a great way of maintaining motivation. You could try helping your son / daughter to set two or three weekly goals that, when completed, contribute towards the fulfilment of a larger medium term goal. Don't forget to make sure goals are; Specific, Measurable, Appropriate, Realistic and have a Time scale.

### 4) Analyse subject specifications

Subject specifications are a vital document in exam success. These documents specify the knowledge required for each subject. Often they will also identify which content will be assessed in which exam. Specifications are available from exam board websites. Successful students analyse subject specifications and create a prioritised list that identifies areas for improvement for each subject.

Many students find it useful to use a traffic light system when analysing subject specifications

The meanings of each rating can be:

Green = totally understand & can consistently recall and / or apply facts.

Amber = sometimes understand but inconsistently recall and / or apply facts.

Red = don't understand & can't consistently recall and / or apply facts.

Regularly revisiting this process (monthly) is a good idea, as it allows the focus of revision to remain upon areas that need further development.



### 5) Improve your weaknesses

For many students it is tempting to focus their work on areas that they are already good at. In reality, any exam can assess the breadth of the specification so after analysing subject specifications the most successful students create a prioritised list for each subject that identifies their own priority areas for improvement. These areas then become the focus for improvement using strategies such as quizzing or completing past exam papers. If, after revision, improvement is not being seen encourage your son / daughter to approach their subject teachers for further explanation.

### 6) Quizzing

Regular quizzing is a great way to improve the retention and recall of information. There are many quizzing apps available (Gojimo / PIXL Maths / PIXL English etc) but you can easily and effectively make your own quizzes on revision cards. Making your own questions requires you to research the correct answers, reinforcing further learning. Successful students focus their quizzing on areas they have identified for improvement from their subject specifications.

Once quiz questions have been made, organise them using the Leitner system for maximum benefit. For more information about this way of organising revision cards please watch this video: <https://youtu.be/5hTo50wo06l>

### 7) Create model answers

Making a perfect answer, initially without the time pressure of having to produce it in exam conditions, can really help develop understanding. This activity is best completed for questions where understanding isn't yet strong. Use any available markscheme or marking guidance to help plan and structure answers.

#### Process;

- Work out what the demands of the question are; task requirements, content requirements, marks available, how to achieve the marks.
- Plan the response.
- Check the marking guidance, update any plan accordingly, ensuring maximum marks are scored.
- Write the perfect answer out - redraft if necessary.
- Get it checked by a teacher.

### 8) Complete and mark past exam questions

Using past exam papers and the questions they contain is a fantastic way of improving. Past exam papers and mark schemes are available from the exam board websites. This type of practice is specific to the demands of the final exam so don't ignore it! When practising work out how much time there would be available to answer the type of question being attempted. Work to the time limit and then review the answers using the mark scheme. If there are any mistakes annotate the script with the correct answers. Don't forget to revisit questions more than once.

### 9) Work smarter

When under pressure to perform it is tempting to work for long periods of time. It is best to work in shorter periods of up to 25 minutes, followed by a short break, then repeat. In these shorter periods it is important to maintain maximum focus, so disturbances such as music, phones and TV should be avoided.

### 10) Recognise & Reward

It is important to recognise the progress that has been made and the hard work that has been completed and then reward appropriately. Sometimes it is difficult to recognise progress during the process of preparing for exams. To counter this I suggest creating a daily list that highlights up to 5 small achievements.

For example:

Today I:

1. Completed two past paper questions and achieved full marks.
2. Completed 10 minutes quizzing on an app.
3. I created a model answer in a Science lesson at school.
4. Understood how to calculate the gradient of a hill using a map in Geography.
5. Achieved 80% in a short Maths assessment in class.

Try to facilitate various rewards for completing specific agreed goals or tasks to maintain motivation. These don't have to be of great extrinsic value - it is the recognition that is important!



# FUNDRAISING

As you are aware our school has a strong community ethos and raises considerable amounts of money for local and national charities. We are often asked by parents and students why we don't have an event that raises money for the school more often.

With this in mind the school has established a link with Run Gatwick <https://www.rungatwick.com/> enabling Oriel to be a 'partner', that will see the school get a % payment per registration for runners in the 5K or Half Marathon on Sunday 12th May that register using this link <http://bit.ly/RunGatwickOriel> and entering Oriel in the Team/Company field. We will also get our own area in the 'runners village'.

Run Gatwick were happy to work with the school when they knew that we wanted to promote exercise/physical activity to our students and families, build on our established community spirit that we have developed over the years and crucially raise money for the school. Run Gatwick are supportive of our aim to use monies raised to support student wellbeing/sport & fitness at the school. They feel this link sits very well with their values and ethos.

As well as the school getting a % back on your registration fee from Run Gatwick, I'd also like to ask parents/carers and other family members who register for the half marathon to raise a minimum of £50 in sponsorship and if you run the 5k then a minimum of £10 in sponsorship for the school. Our aim is to get 100 'Team Oriel' runners signed up for either the half marathon or 5k run. We will also be promoting the run to students old enough to participate.

We have set up a GoFundMe page <https://www.gofundme.com/oriel-high-school-run-gatwick-challenge> to enable family and friends to support you and the school by making sponsorship donations.

We would love you to support our aim to raise funds to support the school, and also to take part in a local community event.

**Mr R Sallows, Business Manager**

## FUNDRAISING FOR ORIEL HIGH SCHOOL

Did you know that there are a number of different ways that you can help support our school by raising much needed additional funds for resources, equipment and extra-curricular activities?

### ORIEL SCHOOL LOTTERY

Tickets cost £1 per week and 40p of this comes back to the school. You have a chance of winning a cash prize in the Oriel weekly prize draw and you will also be entered into a bigger draw, giving you a chance to win £25,000.

Purchase tickets here:

<https://www.yourschoollottery.co.uk/lottery/school/oriel-high-school>



**BUY A LOTTERY  
TICKET & SUPPORT  
YOUR SCHOOL**



New Year, New Resolution – Buy a lottery ticket to support our school!



- Cash Prizes to be WON every week!
- Match all 6 numbers & WIN £25,000!
- Tickets cost £1 each, per week & 40% of ticket sales goes to our school.
- Draws are every Saturday at 8pm & results posted online.
- Joining is easy, just visit our web page to support us now.

Supporters must be 16 years of age or older. Sign up before the 16<sup>th</sup> February 2019

\*Terms and Conditions apply- See website





# RUN GATWICK – GO FUND ME

We have partnered with Run Gatwick so that for each entry in the half marathon or 5K, a donation will be made to the school. We are also asking parents and staff to raise a minimum of £50 for the half marathon and a minimum of £10 for the 5K in sponsorship donations from friends and family.

Enter the Run Gatwick race here:

<http://bit.ly/RunGatwickOriel>

Friends and family can make donations here:

<https://www.gofundme.com/oriel-high-school-run-gatwick-challenge>



## EASYFUNDRAISING – DONATIONS FOR ONLINE SHOPPING



Raise funds for the school just by doing your normal online shopping. This requires very little effort on your part and is completely FREE for you to participate. There are over 3,000 retailers ready to make a FREE donation to your chosen cause.

To get started download the Easyfundraising app or register here:

<https://www.easyfundraising.org.uk/invite/YKLLTX/VBT8MJ/>

## CASH4COINS

UK banks won't exchange foreign coins and low value notes so there is loads of unwanted currency lying around not being used.

Therefore we are asking you for money you will not miss.

- ☒ Foreign coins or notes
- ☒ Farthings to old 50 pence
- ☒ Old British/Irish currency
- ☒ Old, obsolete or current currency

Literally anything that is or was once money can be collected – please hand in your coins to the Youth Wing or there is a collection bucket in reception.



## ORIEL SUPER 7

So it appears that Spring has sprung and it's a great time to get outside, keep fit, have fun and help raise much needed funds for a very worthy local charity.

Last year Oriel staff raised in excess of £5000 for St Catherine's Hospice through a whole range of sporting activities from inflatable obstacle course runs to triathlons, park runs to marathons, midnight walks to dragon boat racing!!

This spring and summer we intend to continue this Oriel charitable fun by raising money for Crawley Open House whom many of you will have heard more about through Learning Community assemblies before half term.



*helping the homeless and disadvantaged*

If you would like to support the Open House by donating much needed food items such as tea, coffee, biscuits, socks, dog food and toiletries or support the Youth Wing in a series of fundraising activities please come to the Youth Wing to find out more.

Their website below gives lots of information regarding their work and history.

<https://www.crawleyopenhouse.co.uk/news>





# JUNIPER HALL GEOGRAPHY TRIP

## November 2018

Mrs Bates and Ms Aylwin went to Juniper Hall with the Year 12 geographers, they braved freezing temperatures to collect a range of primary data related to the carbon cycle and plant succession. The field study tutor commended the group on their data as the statistical tests showed a very strong correlation. The best he'd ever observed, well done year 12!

## January 2019

85 year 11 geographers visited Juniper Hall, they were required to work from 9am until 8pm on the first day and to 5pm on the second day. They worked well in groups and many students made sure all students were included in the tasks as some found themselves working with people who they would not normally socialise with. It was heartening to see such collaboration and kindness. The group coped with freezing temperatures and there was very little moaning about the cold. Everyone was glad to get home as they were definitely worn out after the two day geography marathon, we're proud of you year 11.

## January 2019

Year 13 are currently writing their non-exam assessment (coursework) and have to collect fieldwork, five students went to Shoreham Beach on a day when snow was forecast for the afternoon! Luckily the snow did not arrive and in fact for much of the day, the sunshine prevailed. The students trudged up and down the large shingle spit landform measuring the beach profile, and the presence of rare shingle vegetation. Everyone worked really well as a team and maintained morale throughout the day. I'm sure the data collected will prove incredibly valid and will enable the students to write up very strong reports.



*They braved freezing temperatures to collect a range of primary data related to the carbon cycle and plant succession.*



## WE DAY 2019

On 6 March 2019 we took 14 students to Wembley Arena. We were a small part of 10,000 other students who packed the The SSE Arena, Wembley.

A-list celebrities including The Duke and Duchess of Sussex (Prince Harry and Meghan Markle), Liam Payne, Nicole Scherzinger and Naomi Campbell, inspiring speakers and world leaders, mixed with real people, celebrated a year of action that transformed communities and changed lives.

Students are empowered to become change-makers themselves through giving back to their communities. The only way to get to a WE Day event is by taking action on one local and one global issue through WE Schools—you can't buy a ticket. The students invited had a great day, enthusiastic to return to school and make positive changes in their community.



## Crawley Community Awards

We are pleased to announce that our Youth Club Young Leaders were short listed for the Crawley Community Awards 2019. There were 300 nominations for a variety of awards this year and the competition was high for each category. We were so proud to hear that Oriel High School Youth Club was named Volunteer Group of the Year.

We are always looking for new volunteers from year 10 upwards. If you are interested in getting involved please contact Katie Jordan [kjordan@oriel.w-sussex.sch.uk](mailto:kjordan@oriel.w-sussex.sch.uk) or Sara McWilliam [smcwilliam1@oriel.w-sussex.sch.uk](mailto:smcwilliam1@oriel.w-sussex.sch.uk)

The Youth Club is open every Tuesday 6-8pm term time only.





# THE EDGE

A huge congratulations to the following Year students who have now completed 'The Edge' at Apprentice Level: **Eleanor, Amy, Emily, Megan, Phoebe, Rachel, Shaan, Daisy, Megan, Emily, Ethan, Enricko and Jacob.**

We wish these students luck in continuing with 'The Edge' scheme this year and working towards their Graduate Level qualification. We also wish all of Year 7 luck in beginning working towards their 'Apprentice' qualification this year.



## Speed Dating Careers Event

Year 7 & 9 students took part in Oriel High Schools biggest speed dating careers event held in the school hall to date.

There were 40+ employers from a variety of organisations both locally and multinational who spoke with the students about their companies, answering questions from the students. The objective was for students to ask questions and learn about job roles, what skills and qualifications they will need and to enhance their knowledge and understanding of the range of career opportunities available to them in the future.

Thank you to all the companies that took part and gave up their time to engage with nearly 500 Oriel students who benefited greatly from the event.

Further to our speed dating event students have also been engaged in face to face careers interviews and advice sessions with Kerry Mann, a fully qualified and experienced careers adviser, providing careers guidance and training for pupils in schools and colleges across West Sussex.

Next year will also see our current Year 9 students be the first year group to take part in a whole school work experience programme when they reach Year 10. If you are a company who would be interested in being involved in our work experience programme or would be interested in taking part in our next speed dating careers event please get in touch, it would be great to hear from you - [rthornton@oriel.w-sussex.sch.uk](mailto:rthornton@oriel.w-sussex.sch.uk)

We would like to thank all the companies involved in making our Speed Careers event a success.

We could not provide this opportunity for our students without your continued support.





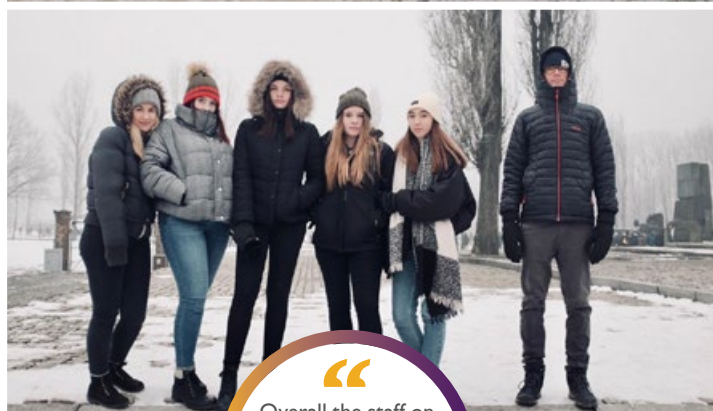
# YEAR 12&13 AUSCHWITZ TRIP

Year 12&13 students flew out to Krakow arriving in a brisk -3 degrees. On the first day they explored Krakow which included a visit to Schindlers Factory Museum. The factory was prospering during World War II and for many Jews it was the only place where they could survive the war and avoid Holocaust. Visiting Schindlers Museum gave students an opportunity to discover not only the history of Oskar, but also the history of Krakow during World War II.

The next day students headed to Krakows Jewish Quarter as well as a visit to the Salt mines.

The following day the students had an incredibly moving and thought provoking morning at the Auschwitz Museum where they had a guided tour around the preserved Auschwitz 1 and 2 concentration camps.

Overall the staff on the trip were proud of the students and the respect they showed throughout the trip.



“Overall the staff on the trip were proud of the students and the respect they showed throughout the trip.”



# NEW YORK TRIP

In the February half term, Mr Sallows, Miss Everitt & Mr Cleaveley took a group of year 10 and 11 & 12 students on a four night stay to New York, staying in The Manhattan Hotel in Times Square. The group experienced the Staten Island ferry, giving them the opportunity to see Manhattan at its best and included a walking tour of New York seeing the sights and a chance to experience the New York Metro. A visit to the Museum of Modern Art as well as an NBC Studio tour.

In Times Square we went for dinner at Ellen's Stardust Diner, the home of the world famous singing waiting staff which is one of the top eating experiences in NYC. The group also had time for amazing views from the top of the Empire State Building a visit to the museum of the moving image and some shopping Manhattan.

Jasmine Dean and Jodie Davis two Year 11 students who went on the trip said "New York was a once in a lifetime opportunity trip and the most amazing experience of our lives. We spent our time







# SKI TRIP 2019

At 19.00 on 9th February Miss Taylor, Mr Ashley and Miss Pooley along with 21 students headed off to the beautiful resort of Pila, in the Aosta Valley, Italy for the bi annual Oriel High School ski trip.

After a long journey and a very early breakfast in a French service station, the group arrived tired and hungry ready meet our ski rep Keiha and to be kitted out with skis, boards, boots and helmets. After a lunch of pasta (what else?!) and a whistle stop tour of ski fit, where everyone was issued with their equipment for the week, it was back to the coach for the final part of the trip to the hotel.

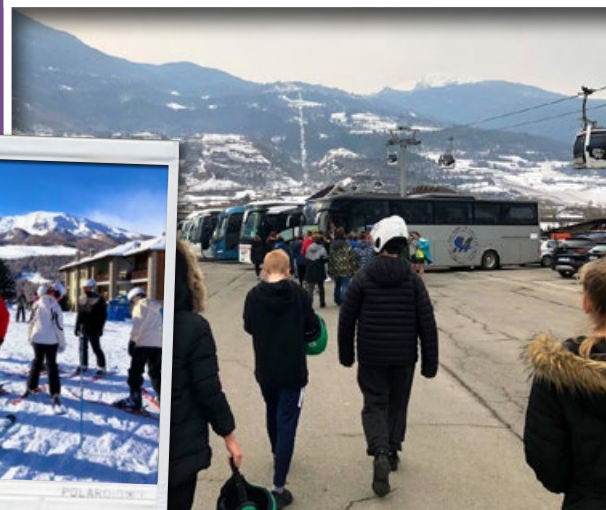
Hector our hotel host was ready and waiting, and after saying hello and settling into rooms it was time for a briefing about the week ahead, some downtime and dinner. Outside the snow was falling and everyone was keen to get up on the hill the next day and get started.

Bright and early the next morning we were back on the coach and heading to the lift to start our ski and snowboard lessons; after meeting our instructors for the week it was off to the slopes! The instructors were amazing and immediately put everyone at ease with their experience and great sense humour, very quickly even the absolute beginners were making great progress (mostly managing to stay upright!). Goals were set for the week with the top ski group setting their sights on the toughest, black runs.

A routine was quickly settled into, croissants and hot chocolate for breakfast, speedily onto the coach to the lift, up the hill for a busy days skiing or snowboarding with lunch in a mountain restaurant. After a couple more hours skiing in the afternoon there was time for a quick change and shower, then onto the day's apres ski activities. The highlight of these being the pizza and disco night (in a real nightclub hired for the event no less) and the end of week awards, superbly compered by Miss Taylor and the ski and snowboard instructors.

The week flew by and everyone could not believe when Saturday came and it was time for goodbyes to Hector, Keiha, Gaz, Bob, Josh, Andrew and Craig and time for the journey home.

A fantastic week was had by all, the staff accompanying the trip were so impressed by the behaviour, teamwork and resilience of all students; the complete beginners who had never even worn a pair of ski boots in their lives, were confidently tackling red runs by the end of the week – great work! We're really looking forward to the next trip, watch this space.



there with a fantastic group of people and an equally fantastic group of teachers. The activities we were able to do were excellent and we created many wonderful memories from them. Whilst in NYC we were lucky enough to visit highly prestigious museums, see Stomp on Broadway, have a tour of the city that never sleeps and take some incredible photos! Thank you to everyone who made our trip to New York incredible and unforgettable."

“  
New York was a once in a lifetime opportunity trip and the most amazing experience of our lives.  
”



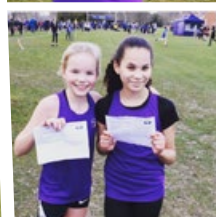


# SPORTS UPDATE...

It's been a great start to the term for a number of our teams, with our footballers, runners, netballers and rugby players securing lots of wins in both friendlies, North Sussex District League, and County Cup fixtures.

Well done to our year 7&8 cross country runners who competed at the Sussex Schools Cross Country Championships and our year 8 athletes who represented Crawley at the Sussex School games, our boys finished 6th and the girls finished 8th - Well done.

Well done again for another fantastic term of results.



## STUDENT OF THE MONTH

### NOVEMBER

**Asia** - Roo Smith 7RSM  
**America** - Phoebe Comber 9RPU  
**Australasia** - Christian Barber 8SPH  
**Africa** - Billy Raven 8BPO

### DECEMBER

**Asia** - Paige L 9RSM  
**America** - Ellis Miller-Parr 11CCX  
**Australasia** - Isabel Bettesworth 8GGO  
**Africa** - Maisy Short 10BPO

### JANUARY

**Asia** - Luke Creasy 11RSM  
**America** - Katie Cook 8ARE  
**Australasia** - Eloise Peters 7LTE  
**Africa** - Ben McWilliam 10AFR



At Oriel High School we are committed fully to Safeguarding our Students. We promote the welfare of our students and expect all staff and volunteers to share this commitment. All staff undergo Child Protection Training and screening, including reference checks with previous employers and an enhanced criminal records bureau check with the Disclosure and Barring Service.

The Designated Safeguarding Lead for Oriel High School is – **Mark Harrison** (Assistant Headteacher)

The Deputy Designated Safeguarding Leads for Oriel High School are **Helen Everitt** (Deputy Headteacher) and **Tim Matthews** (Deputy Headteacher)

Your Learning Community Pastoral contacts are listed here. Please contact the Pastoral Co-ordinators initially if you have any concerns about your child or another child in the school.

### SIXTH FORM

**Ms S Slayford**  
**Student Support Officer**  
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### ASIA

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**Pastoral Co-ordinator**  
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### AFRICA

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### AUSTRALASIA

**Mrs D Harlowe**  
**Pastoral Co-ordinator**  
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